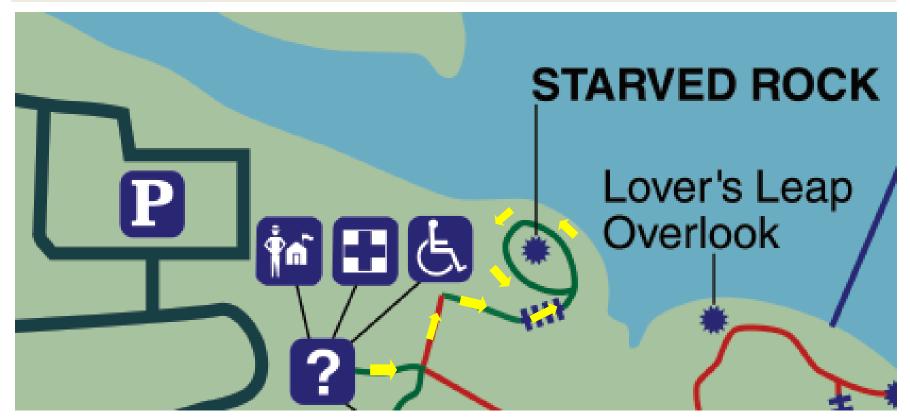
Starved Rock Trail



Distance from Visitor Center: 6/10 of a mile roundtrip.

Difficulty: Easy (65 stairs up to the rock itself). Paved

Walking Time: 30 minutes

Trail Tidbits:

Starved Rock is a sandstone butte that sits 125 feet above the Illinois River. Named a National Historic Landmark in October of 1960. Once you have hiked to the top of the rock itself you will be situated at the highest point in the park. Informational interpretive panels are located at each deck on top of the sandstone formation. Visitors can discover the "Legend of Starved Rock", the Illinois Lock and Dam, Native American culture of the Illinois and Kaskaskia people, and the Civilian Conservation Corps who helped build the trails, shelters, great hall in the lodge, and cabins at the park.